

REGISTRATION FORM

Please complete this form with the appropriate registration and contact information by typing into the fields and checking what you plan to attend. When finished, simply print the page and send in your registration. Feel free to retain the side schedule information as a reference.

Name: _____

Phone: _____

How would you prefer to be contacted?

Email: _____

Mail: _____

WEEKLY CLASSES:

- | | |
|--|---|
| <input type="checkbox"/> monday L1 (12:00-1:30pm) | <input type="checkbox"/> thursday L2 (4:00-5:30pm) |
| <input type="checkbox"/> monday L1 (4:00-5:30pm) | <input type="checkbox"/> thursday L1 (5:45-7:15pm) |
| <input type="checkbox"/> tuesday L2 (5:45-7:15pm) | <input type="checkbox"/> friday L2 (9:00-10:30am) |
| <input type="checkbox"/> tuesday L1 (7:30-9:00pm) | <input type="checkbox"/> saturday L1 (9:00-10:30am) |
| <input type="checkbox"/> wednesday L1 (9:00-10:30am) | |

1 class/week: \$120 (sliding scale \$80-150)

2 classes/week: \$216 (sliding scale \$160-280)

Please enter your chosen payment amount: _____

MONTHLY YOGA CLASSES:

- L3 intensives (\$20/class or \$50 for all 3): 4/3 5/1 6/5 all 3
yoga philosophy discussions (\$10/class): 4/21 5/19

WORKSHOPS:

- beginning meditation (\$30 | sliding scale \$20-40)
 spring tonic – twists and backbends (\$40 | sliding scale \$25-50)

Please enter your chosen payment amount: _____

TOTAL:

- Enclosed non-refundable \$25 deposit (balance due at first class)
 Enclosed full payment



Please print this form and send your registration to:

First Street Yoga
PO Box 832
Newberg, Oregon 97132

Let us know if you have any questions.
503.554.5485 www.FirstStreetYoga.com

FSY Spring Session

March 29 – June 6, 2010 (10 weeks)

CLASS SCHEDULE

monday

L1	12:00 – 1:30 pm	Darcy
L1	4:00 – 5:30 pm	Darcy

tuesday

L2	5:45 – 7:15 pm	Jane
L1	7:30 – 9:00 pm	Jane

wednesday

L1	9:00 – 10:30 am	Jane
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thursday

L2	4:00 – 5:30 pm	Jane
L1	5:45 – 7:15 pm	Jane

friday

L2	9:00 – 10:30 am	Jane
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saturday

L1	9:00 – 10:30 am	Darcy
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MONTHLY CLASSES

Level 3 intensives

with Jane Carlsen
Three Saturdays: 4/3, 5/1, 6/5
11 – 1pm \$20/class or \$50/all

yoga philosophy discussions

with Jane Carlsen
Two Wednesdays: 4/21, 5/19
6 – 7:30pm
Suggested Donation: \$10/class

SPRING WORKSHOPS

beginning meditation

with Darcy Renda
Saturday, May 8 11 – 1pm
\$30 (sliding scale \$20-40)

spring tonic – twists and backbends

with Jane Carlsen
Saturday, May 22 11 – 2 pm
\$40 (sliding scale \$25-50)